

WCFSA



West Country
Family Service
Association

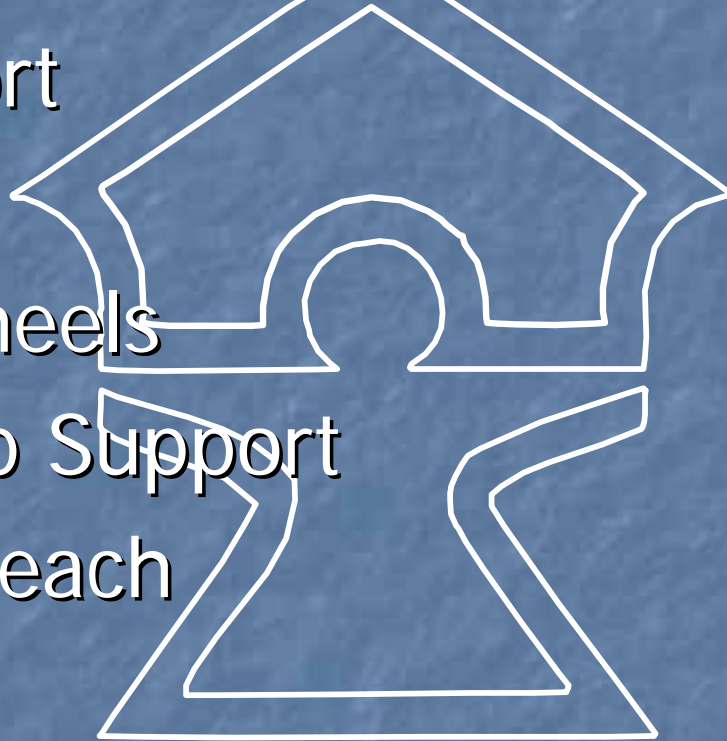
WCFSA Mission, Goals, and Overview



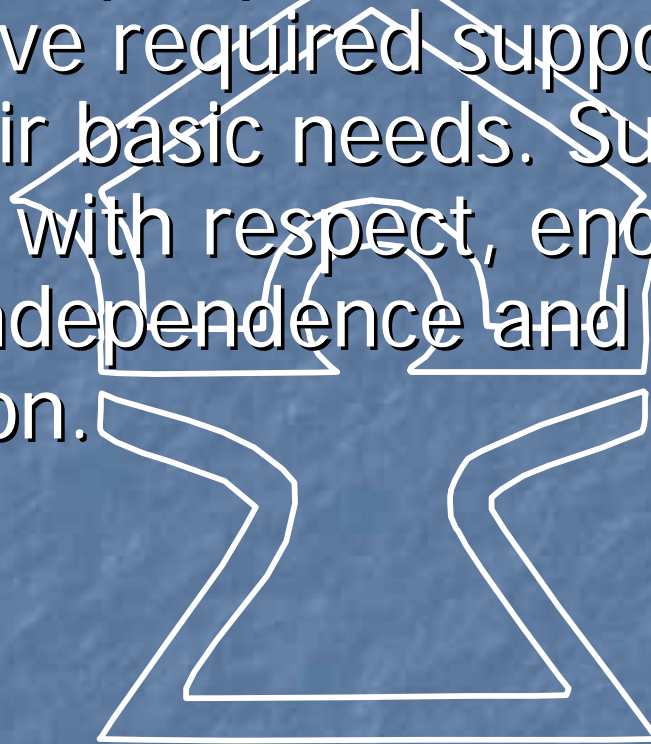
- West Country Family Service Association, a community based, not-for-profit agency was incorporated on January 28th, 1980 under the Societies Act of Alberta, to provide services to the residents of the Municipal District of Clearwater (Clearwater County), including the towns of Rocky Mountain House and Caroline.

The services provided include:

- Home support
- Lifeline
- Meals on Wheels
- Guardianship Support
- Seniors Outreach

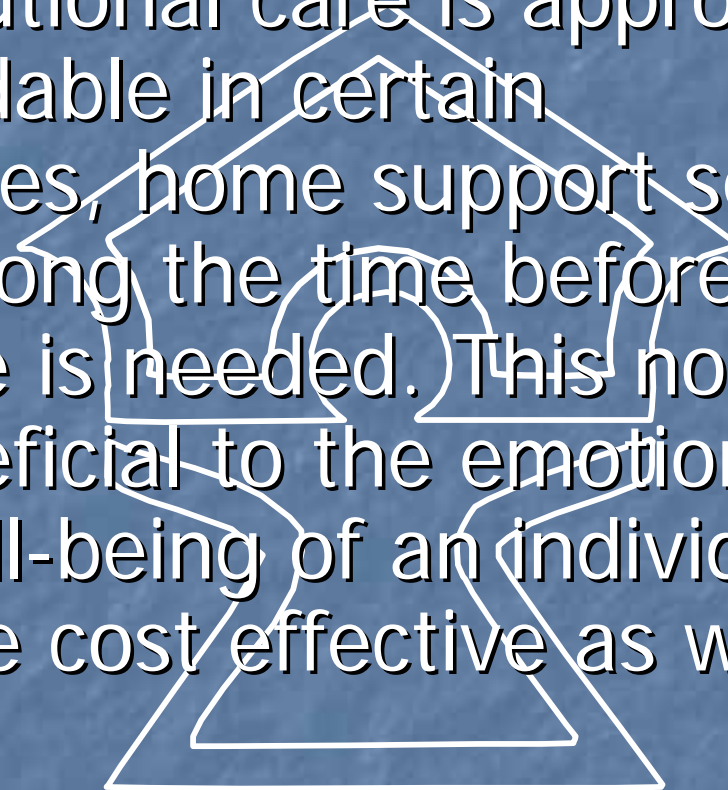


- We believe all people have value, and should receive required support in meeting their basic needs. Support will be provided with respect, encouraging maximum independence and self-determination.

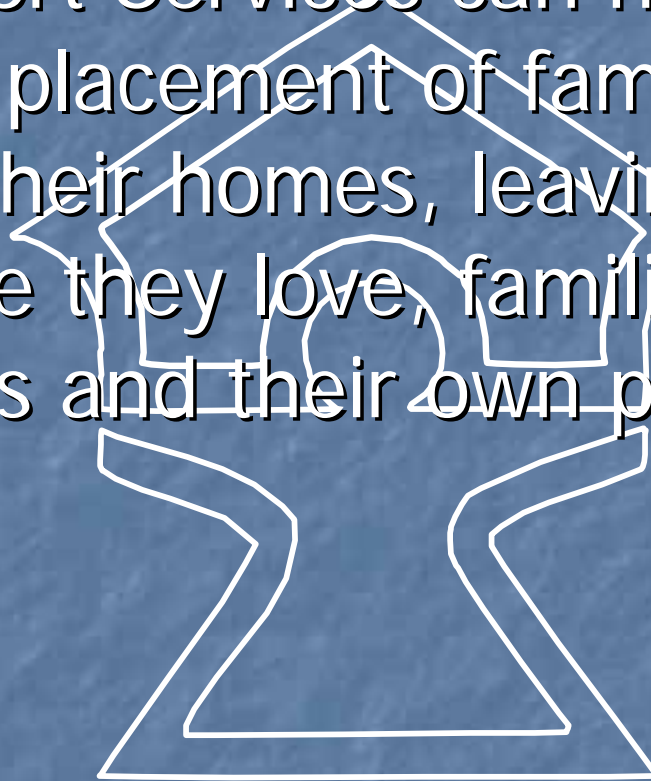


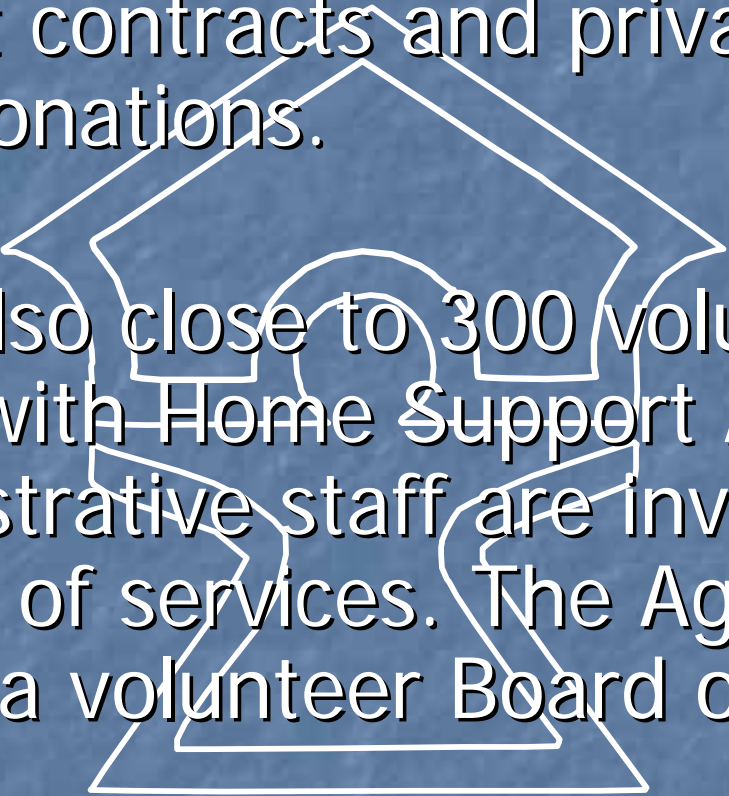
- The loss of one's ability to function independently due to sickness, aging, a physical or mental handicap or other crisis, does not necessarily mean that the person has lost their ability to be independent. For many individuals and families, independence can be restored or maintained with support in the home.

- While institutional care is appropriate and unavoidable in certain circumstances, home support services tend to prolong the time before another level of care is needed. This not only proves beneficial to the emotional and physical well-being of an individual, but proves to be cost effective as well.

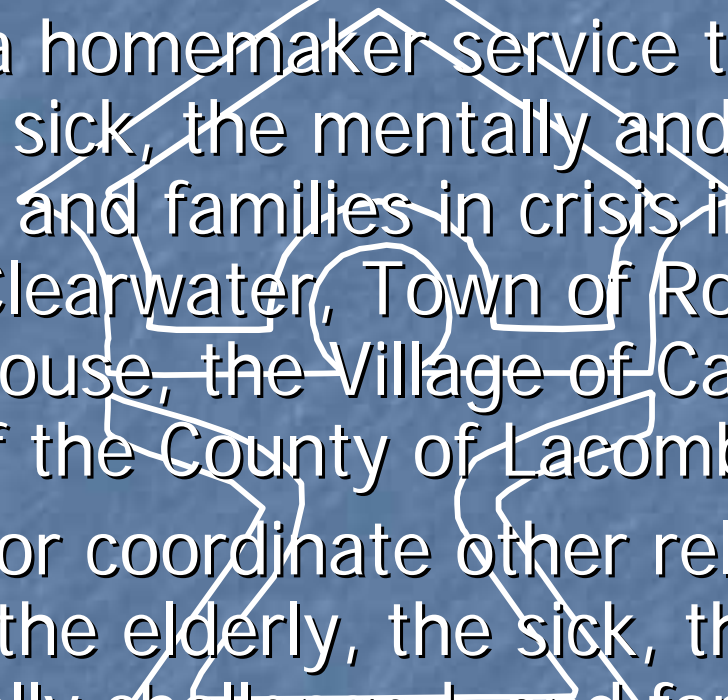


- Home Support Services can help to prevent the placement of family members away from their homes, leaving them among those they love, familiar surroundings and their own possessions.



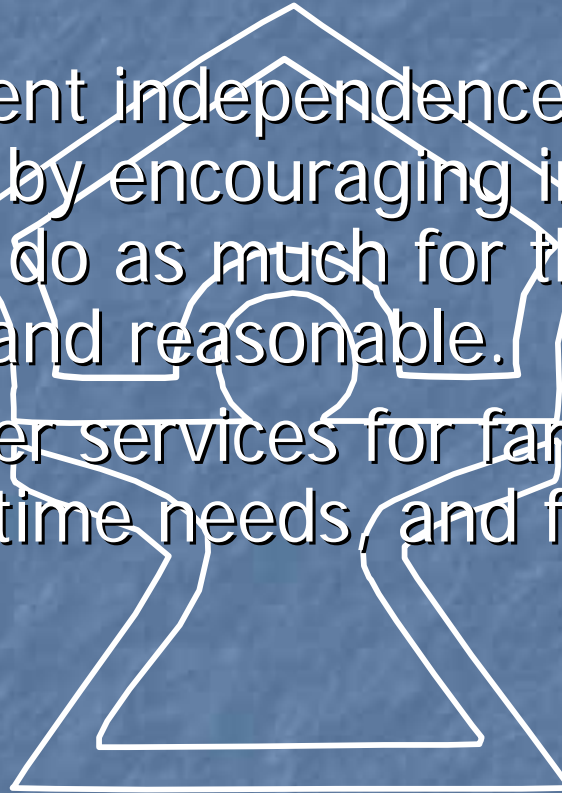
- The Agency is funded through municipal and provincial grants, client fees, government contracts and private and corporate donations.
 - There are also close to 300 volunteers, who along with Home Support Aides and Administrative staff are involved in the delivery of services. The Agency is directed by a volunteer Board of Directors.
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■ The Objectives of West Country Family Services Association are:

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- to provide a homemaker service to the elderly, the sick, the mentally and physically challenged, and families in crisis in the County of Clearwater, Town of Rocky Mountain House, the Village of Caroline and west end of the County of Lacombe.
 - To provide or coordinate other related services to the elderly, the sick, the mentally and physically challenged, and families in crisis as Meals on Wheels, LifeLine and Guardian Support;

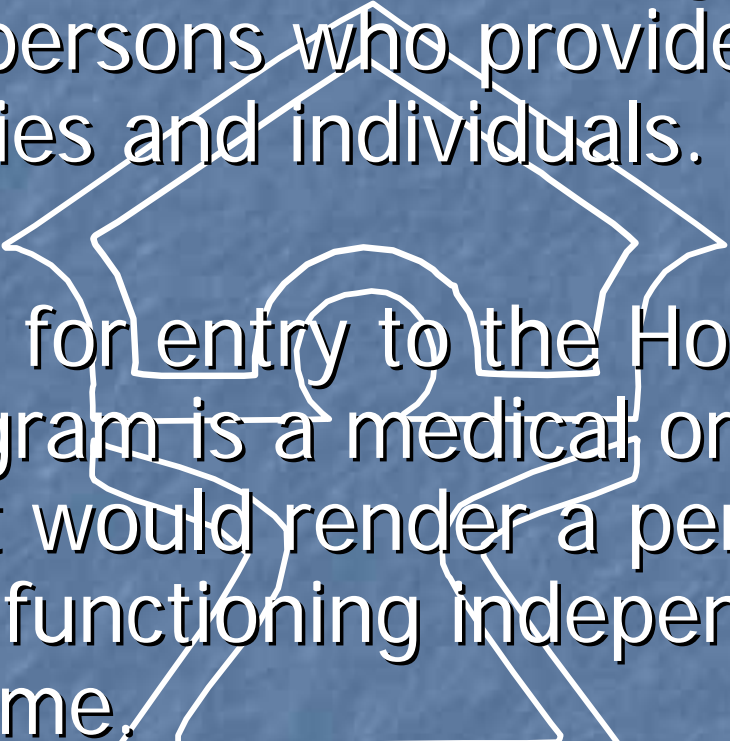
■ The Objectives of West Country Family Services Association are:

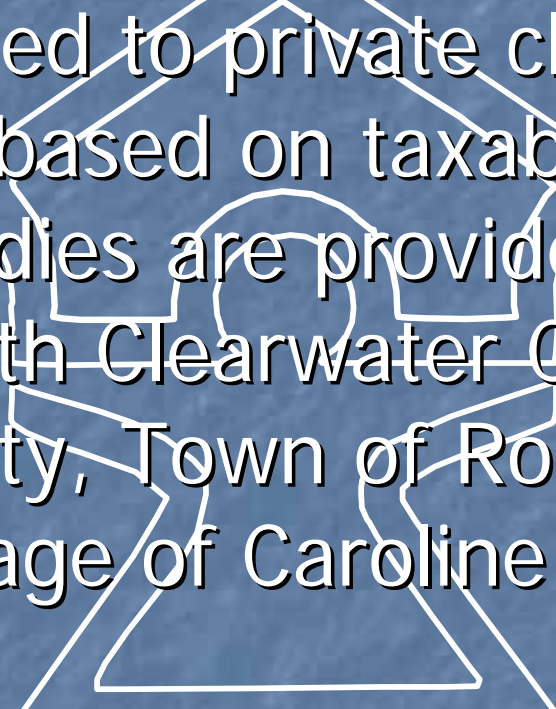
- to promote client independence and self determination by encouraging individuals to continue to do as much for themselves as is possible and reasonable.
- to provide other services for families and individuals as time needs, and finances permit.



Home Support Services



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- Home Support Aides, are caring responsible persons who provide in-home care to families and individuals.
 - The criterion for entry to the Home Support program is a medical or social problem that would render a person incapable of functioning independently of their own home.

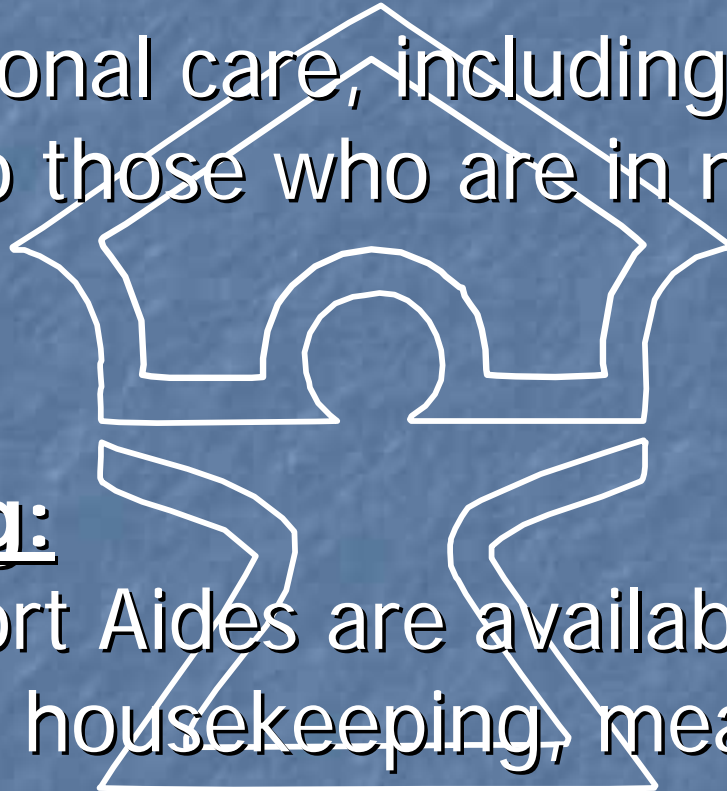
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- The fees charged to private clients are on a sliding scale based on taxable income. Subsidies are provided under agreements with Clearwater County, Lacombe County, Town of Rocky Mountain House and Village of Caroline FCSS Programs.

Personal Care:

Home Support Aides are available to provide personal care, including bathing assistance to those who are in need of assistance.

Homemaking:

Home Support Aides are available to provide light housekeeping, meal preparation, and grocery shopping for those in need.



Palliative Care:

Extends palliative care to the terminally ill individual who prefers to remain at home.

Respite:

A Home Support Aide can care for a loved one while the primary caregiver gets a break time to go out of the home or just to do other things. Provides temporary relief for the caregiver to promote and maintain their health and well-being.

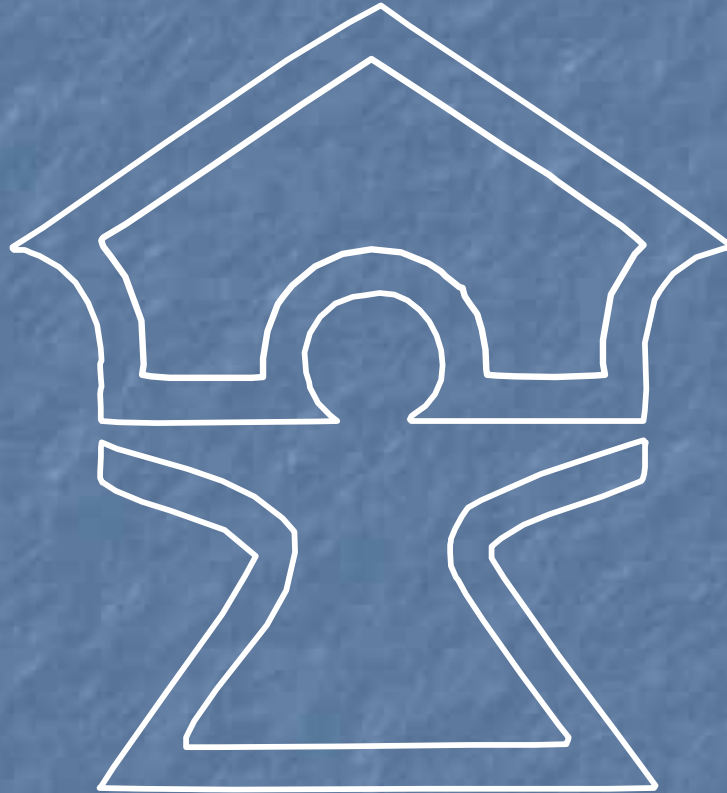
Client Transportation Services/Escort

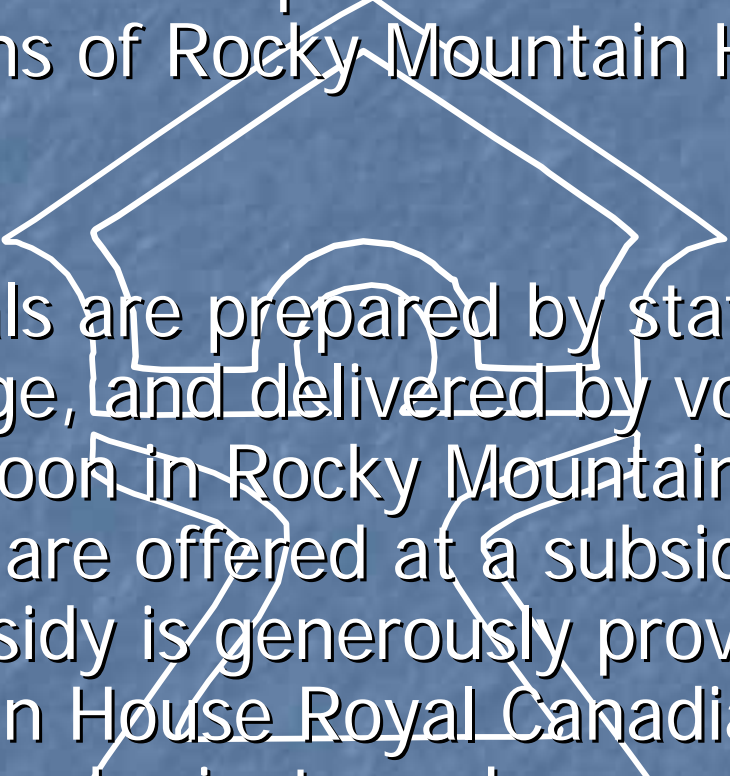
Services:

Home Support Aides can transport clients to shopping, medical appointments or community events.



Meals-On-Wheels



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- The Meals on Wheels program became part of West Country Family Service in 1981 and has contributed to the independence and well-being of many citizens of Rocky Mountain House since that time.
 - Nutritious meals are prepared by staff at Westview Lodge, and delivered by volunteers weekdays at noon in Rocky Mountain House. Meals are offered at a subsidized cost. The subsidy is generously provided by Rocky Mountain House Royal Canadian Legion, Next-to-New, and private and corporate donations.

Drivers Wanted:

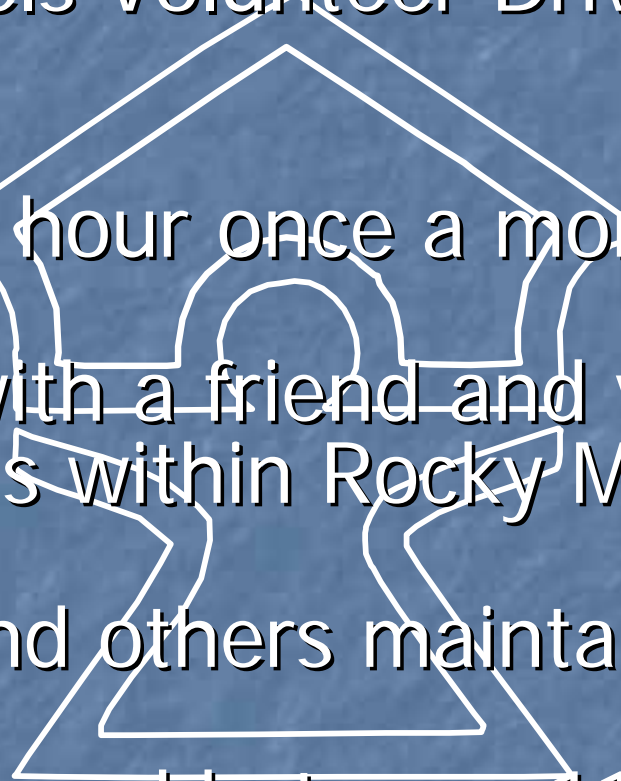
Meals on Wheels Volunteer Drivers
Needed

Do you have 1 hour once a month?

Get together with a friend and volunteer
to deliver meals within Rocky Mountain
House.

Help seniors and others maintain good
nutrition.

Meals are delivered between 11:30 AM
and 12:30 noon from the kitchen at
Westview Lodge.



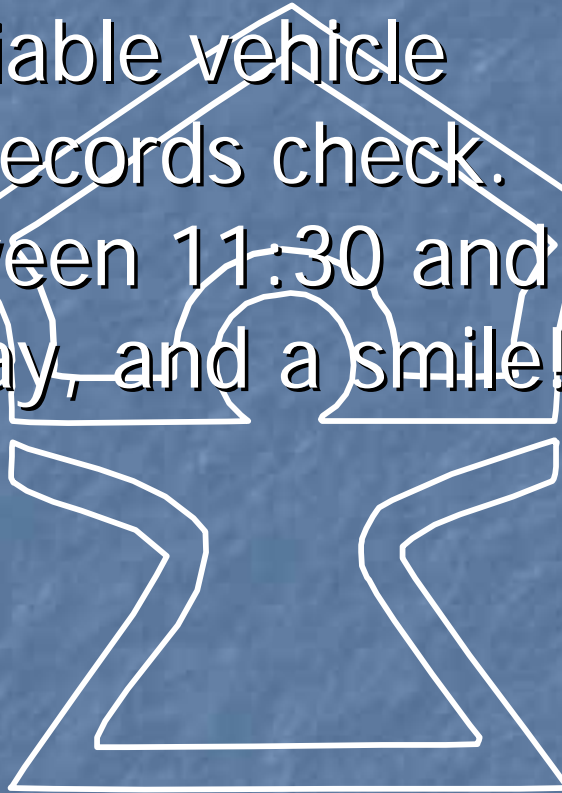
Requirements:

Valid driver's license,

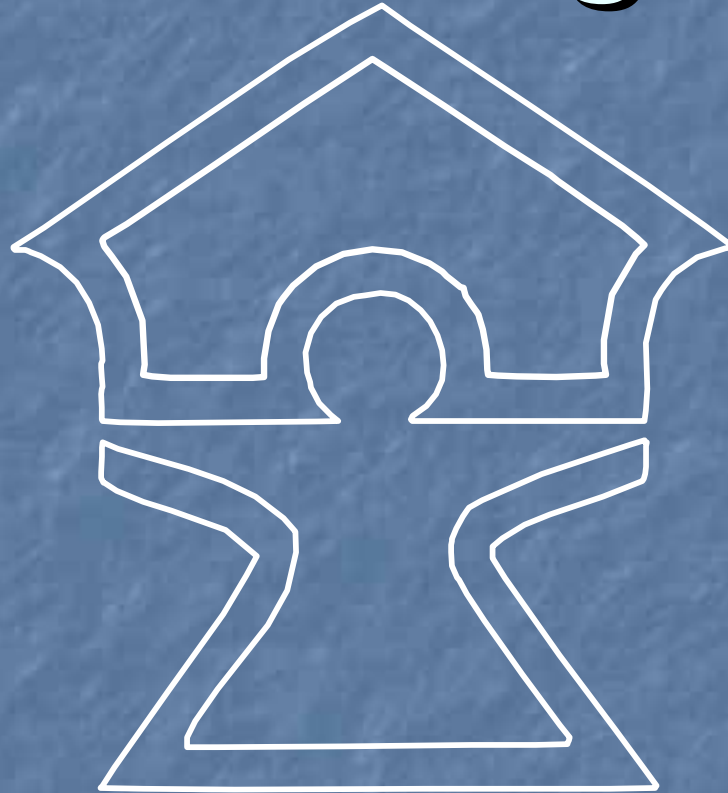
Access to a reliable vehicle

A clear police records check.

One hour between 11:30 and 12:30 on
your chosen day, and a smile!

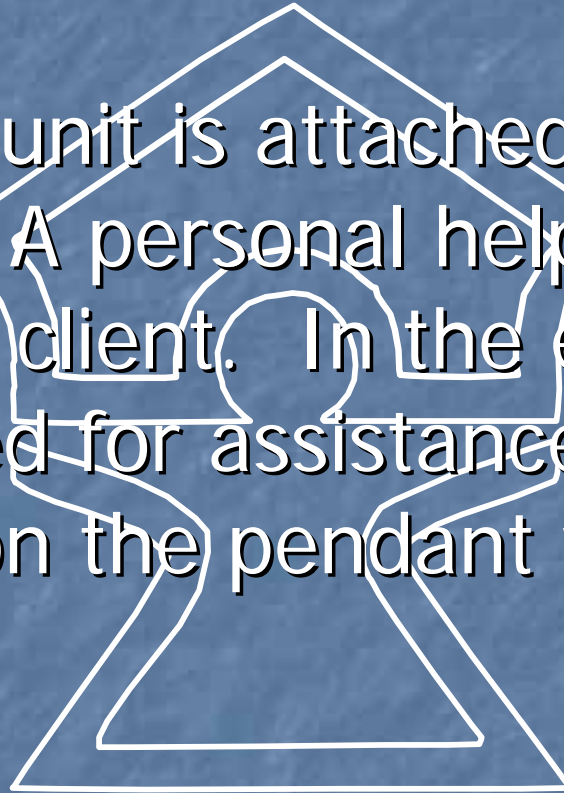


LifeLine Program



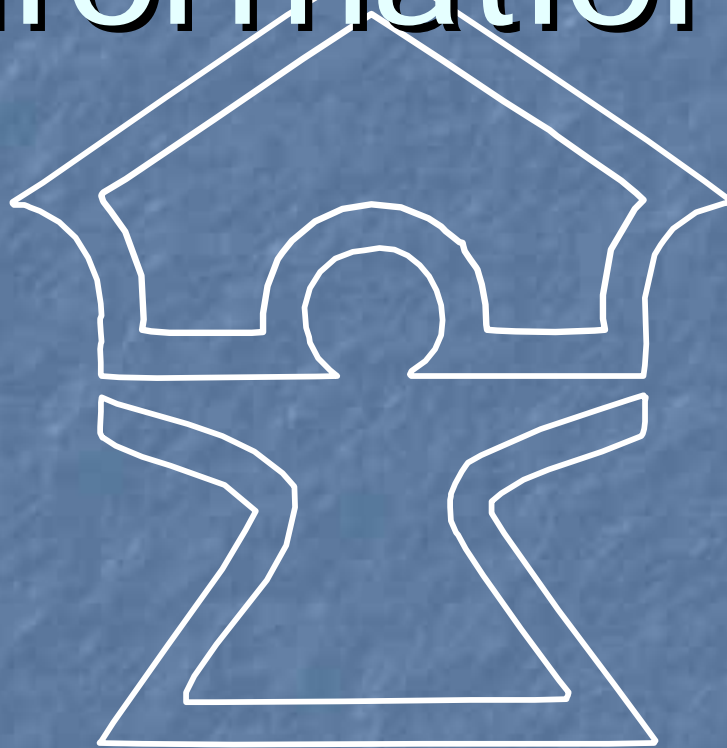
- Lifeline is an emergency alert system. West Country Family Service is proud to be able to provide this service for seniors and disabled living in their own homes in Clearwater County, Rocky Mountain House and the Village of Caroline, at a subsidized rate. There is an initial installation cost and both this and monthly rental rates are subsidized through government grants, corporate and private donations.

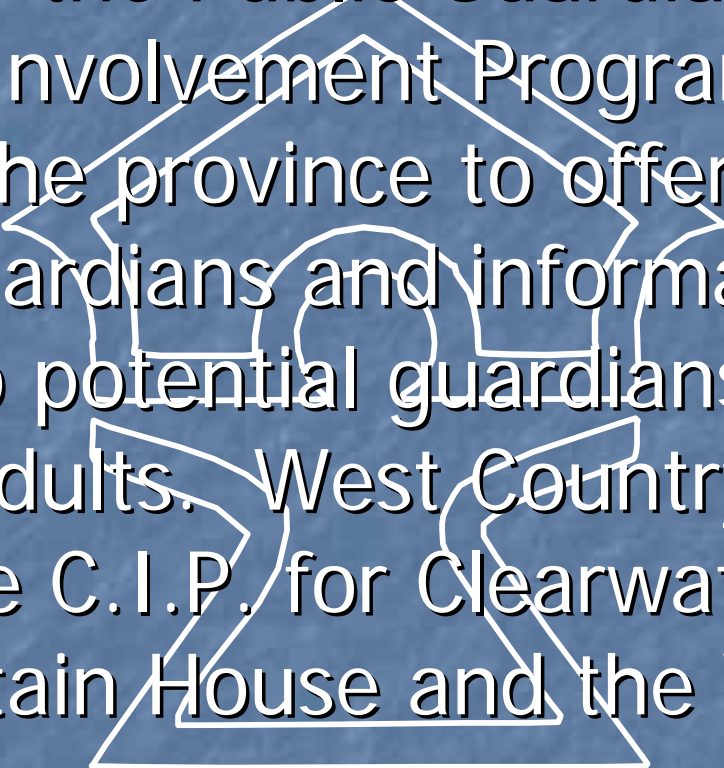
- The Lifeline unit is attached to the client's phone line. A personal help button is worn by the client. In the event of a fall or other need for assistance, a press of the button on the pendant will bring help.



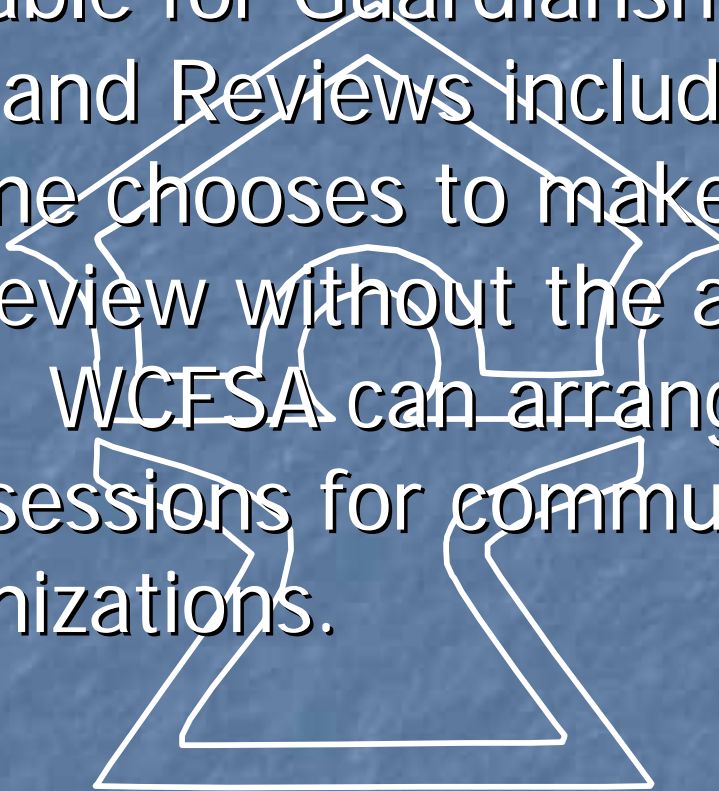
- Staff at the Lifeline Response Centre are immediately able to converse with the client, through the speaker phone feature on the unit. If they are unable to speak with the client they contact one of the three pre-chosen volunteer responders to go to the client's home and assess the situation. The responder presses the RESET button on the home unit to inform the Response Centre that help has arrived. The Response Centre then converses with the responder and is able to dispatch additional help, including EMS services, if needed.

Guardianship Information

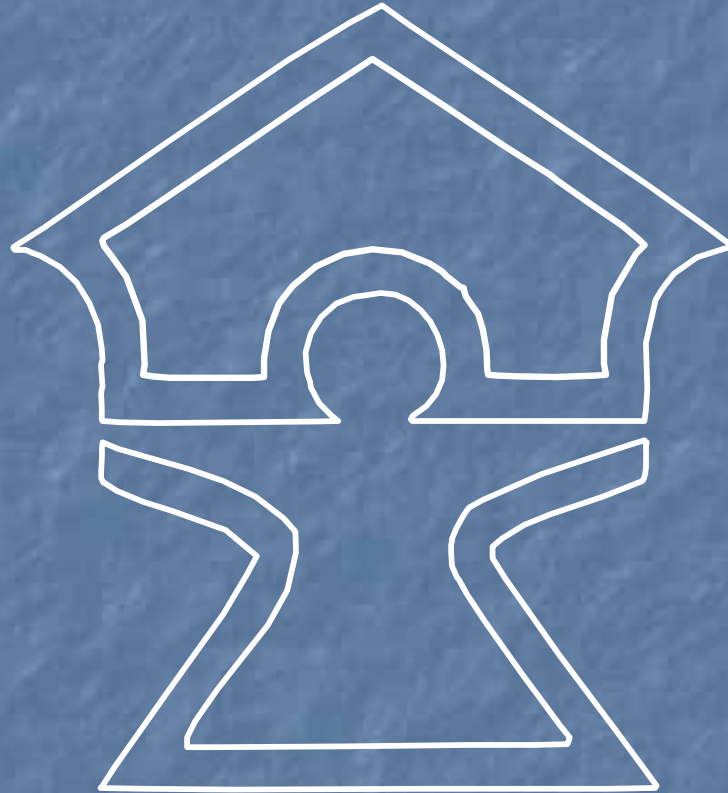


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- The Office of the Public Guardian provides Community Involvement Programs (C.I.P.) throughout the province to offer support to private guardians and information and assistance to potential guardians of dependent adults. West Country Family Service is the C.I.P. for Clearwater County, Rocky Mountain House and the Village of Caroline.

- Help is available for Guardianship Applications and Reviews including self-help kits if one chooses to make the application/review without the assistance of a lawyer. WCFSA can arrange information sessions for community groups/organizations.



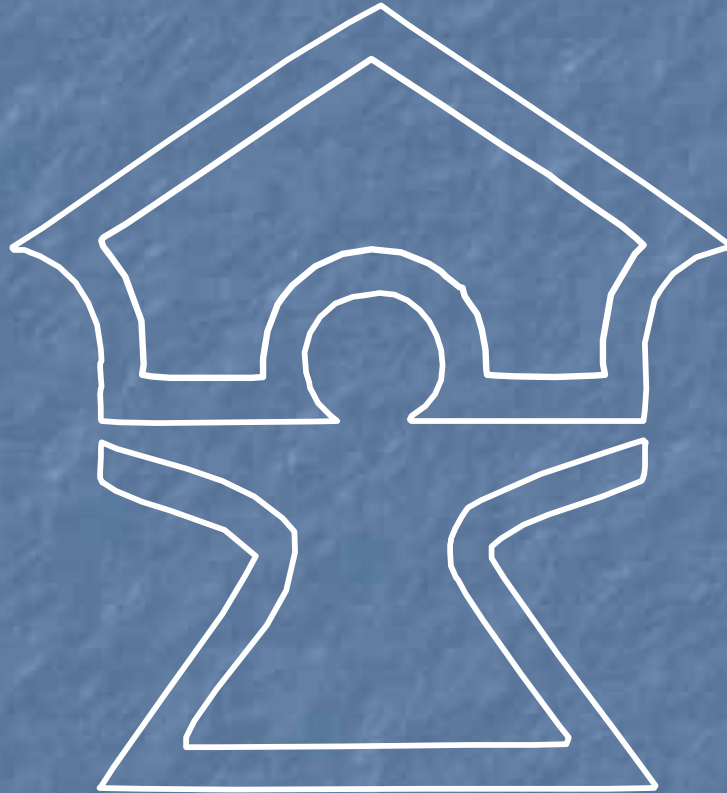
Seniors Outreach

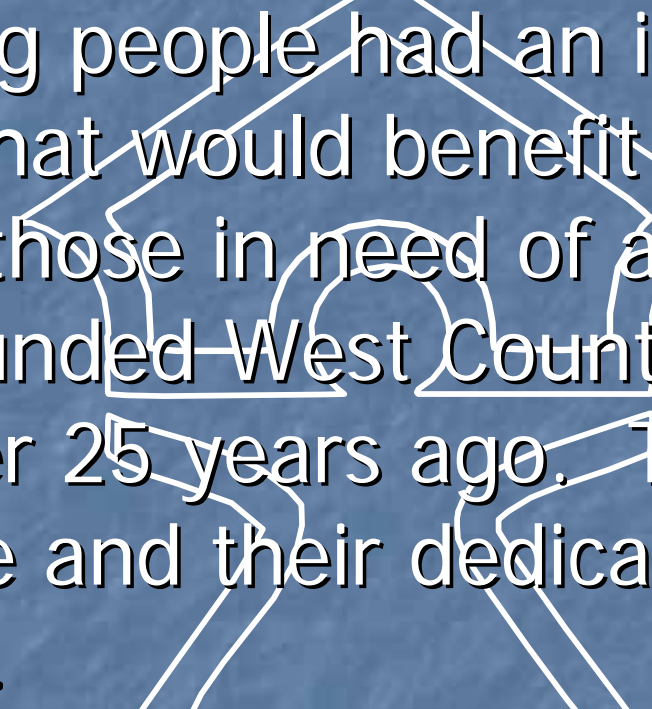


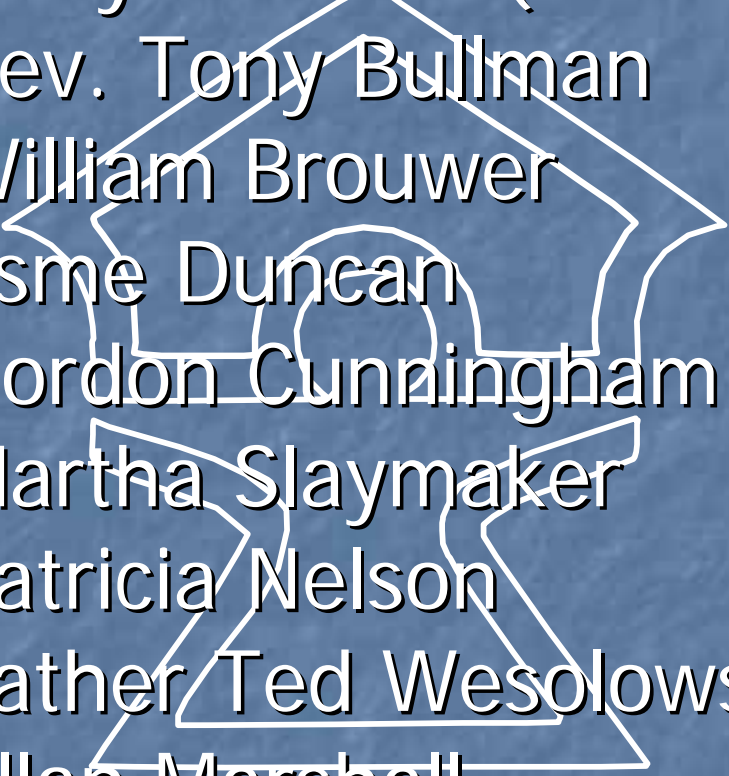
- West Country provides assistance to seniors and disabled individuals to complete government forms and simple income tax returns.

West Country will provide assistance in completing forms such as CPP, CIP, OAS Alberta Seniors Benefit, Alberta Special Needs Benefit.

Board Members



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- The following people had an idea to make something that would benefit seniors, the elderly and those in need of additional care and founded West Country Family Services over 25 years ago. Thanks to these people and their dedication it still exists today.



Russell King
Dr. Richard Gehrke
Vicky Knutson (Smith)
Rev. Tony Bullman
William Brouwer
Esme Duncan
Gordon Cunningham
Martha Slaymaker
Patricia Nelson
Father Ted Wesolowski
Allan Marshall
Helen Benoit
Eva Spongberg

Current Board:

Chairperson - Betty Osborne

Vice Chairperson - Rilla Lyster

Treasurer - Barbara Richardson

Secretary - Joan Heisington

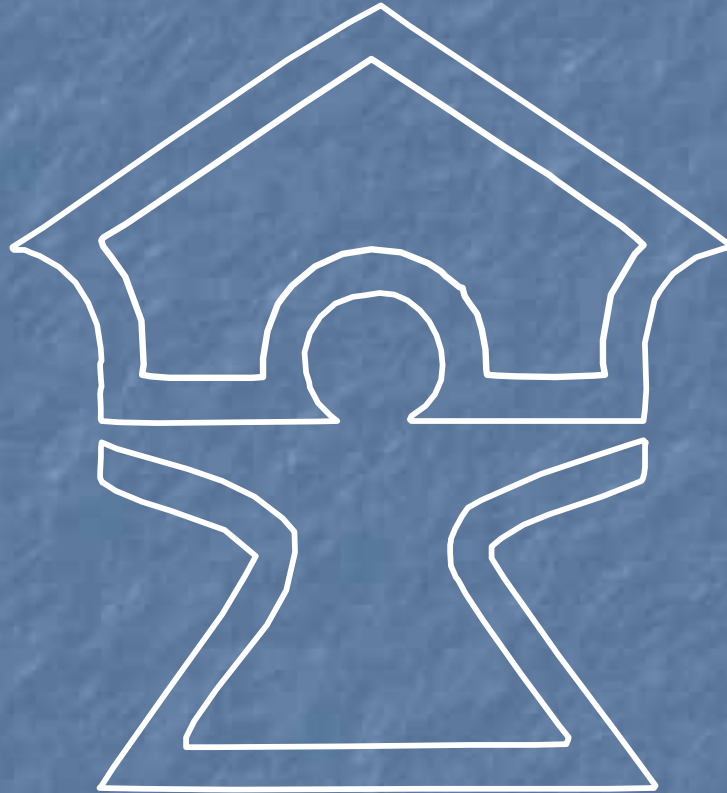
Director - Matilda Stracey

Director - Debra Vasselin

Director - Alta Backs

Director - Betty Miller

Donations/Fundraising



- **West Country Family Services Association** is a not-for-profit agency registered under the Societies Act of Alberta and a charitable organization under Canada Customs and Revenue Service. Your support has made it possible for this agency to service Rocky Mountain House and District for 25 years.

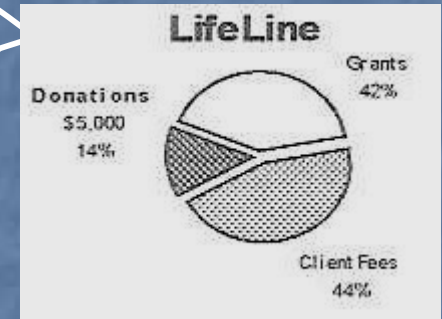
- All of our programs rely heavily on continued community support and the financial backing of our Donors. In order to ensure we are here to help you or your family when the need arises, please give generously.

Donations are used to support:

- ***Meals-On-Wheels*** where 77% of the service is subsidized by fundraising.
- ***Lifeline*** where donations support equipment purchase, installation and maintenance (68%), while clients pay the ongoing monitoring costs (32%).

Donations are used to support:

- ***Home Support*** is a major undertaking of West Country Family Service Association. Our private clients are subsidized through the generous support of FCSS Programs in the Town of Rocky Mountain House, County of Clearwater, County of Lacombe, and Village of Caroline. Subsidy is based on assessment of income and need during intake.



- We thank our past donors and we look forward to your continued support in 2005.

Seminars/Inservice

- Information sessions provided by West Country Family Services Association on Personal Directives, Guardianship and Guardianship applications.



Links

Here are links to other sites that may be of help as well:

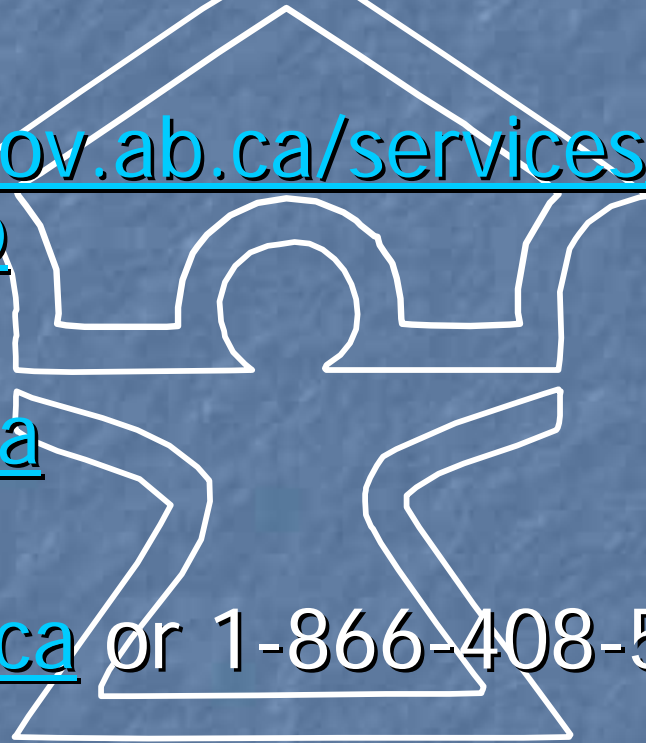
www.homecaresupport.com

www.albertacaregiversassociation.org

www.thecareguide.com

www.seniors.gov.ab.ca

- www.alsab.ca
- www.sdc.gc.ca/en/home/shtml
- www.seniors.gov.ab.ca/services_resources/opg/index.asp
- www.dthr.ab.ca
- www.hc-sc.gc.ca or 1-866-408-5465
- www.alzheimer.ca



Contact Information

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